

SAINT MICHAEL & ALL ANGELS EPISCOPAL CHURCH ✠ ISSAQUAH, WASHINGTON  
*Illuminating Christ's love on the Eastside*

**THE SIXTH SUNDAY AFTER THE EPIPHANY**

February 16, 2020 • HOLY EUCHARIST • 8:00AM

*A chime tolls; the People stand as able*

**THE OPENING ACCLAMATION & COLLECT FOR PURITY**

Priest ✠ Blessed be the One, Holy, and Living God:

People **And blessed be God's kingdom, now and for ever. Amen.**

Priest Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

**THE TRISAGION**

Priest

People

Holy God, Holy and Mighty,

**Holy Immortal One, have mercy upon us.**

Holy God, Holy and Mighty,

**Holy Immortal One, have mercy upon us.**

Holy God, Holy and Mighty,

**Holy Immortal One, have mercy upon us.**

**THE COLLECT OF THE DAY**

Priest The Lord be with you.

People **And with thy spirit.**

Priest Let us pray.

**O** God, the strength of all who put their trust in thee: Mercifully accept our prayers; and because through the weakness of our mortal nature, we can do no good thing without thee, give us the help of thy grace, that in keeping thy commandments we may please thee both in will and deed; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

**THE FIRST LESSON**

*The People are seated*

*Sirach 15:15-20*

Lector A reading from the Wisdom of Sirach.

**I**f you choose, you can keep the commandments; and to act faithfully is a matter of your own choice. He has placed before you fire and water; stretch out your hand for whichever you choose. Before each person are life and death, and whichever one chooses will be given. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows every human action. He has not commanded anyone to be wicked, and he has not given anyone permission to sin.

Lector Hear what the Spirit is saying to God's people. People **Thanks be to God.**

THE PSALM

Psalm 119:1-8

- 1 **Happy are they whose way is blameless, who walk in the law of the LORD!**
- 2 **Happy are they who observe his decrees and seek him with all their hearts!**
- 3 **Who never do any wrong, but always walk in his ways.**
- 4 **You laid down your commandments, that we should fully keep them.**
- 5 **Oh, that my ways were made so direct that I might keep your statutes!**
- 6 **Then I should not be put to shame, when I regard all your commandments.**
- 7 **I will thank you with an unfeigned heart,**  
**when I have learned your righteous judgments.**
- 8 **I will keep your statutes; do not utterly forsake me.**

THE SECOND LESSON

1 Corinthians 3:1-9

*Leader* A reading from the first letter of Paul to the Corinthians.

**B**rothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

*Leader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

THE GOSPEL

*The People stand as able*

Matthew 5:21-37

*Priest* The Holy Gospel of our Lord and Savior Jesus Christ according to Matthew.

*People* **Glory be to thee, O Lord.**

**J**esus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to

the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

Priest            The Gospel of the Lord.

People            **Praise be to thee, O Christ.**

THE SERMON

*The People are seated*

The Rev. Katherine Sedwick

THE NICENE CREED

*The People stand as able*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. ✠ We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*Priest* In the beginning was the Word, and the Word was with God, and the Word was God. All things came into being through him; what has come into being in him was life, and the life was the light of all people. In the light of God's Word, let us pray.

*Leader* God of our salvation, hope of the world, we pray:

*People* **Let your Word go forth and give light.**

That the world may know Jesus Christ as the Prince of Peace, we pray:

**Let your Word go forth and give light.**

That all who are alienated and without hope may be brought near at Christ's table, we pray:

**Let your Word go forth and give light.**

That the Church may be one in serving and proclaiming the gospel, we pray:

**Let your Word go forth and give light.**

That we may be bold to speak truth and stretch out our hands to save, we pray:

**Let your Word go forth and give light.**

That the Church may be generous in giving, faithful in serving, bold in proclaiming, we pray:

**Let your Word go forth and give light.**

That the Church may welcome and support all whom God calls in faith, we pray:

**Let your Word go forth and give light.**

That all who serve and preach the gospel may be kept in safety, we pray:

**Let your Word go forth and give light.**

That the day comes when the love of God unites all people, we pray:

**Let your Word go forth and give light.**

That we may offer thanks for [N. and] life's many blessings;

that [N. and] those who are sick in body, mind, or spirit may know your healing power;

that [N. and] those who have died may dwell in your eternal light, we pray:

**Let your Word go forth and give light.**

## THE CONFESSION & ABSOLUTION OF SIN

*Priest* With humble and contrite hearts, let us confess our sins to God.

*The People kneel or remain standing*

*Together* **Eternal Light, shine into our hearts; Eternal Goodness, deliver us from evil; Eternal Power, be our support; Eternal Wisdom, scatter the darkness of our ignorance; Eternal Compassion, forgive our sins and have mercy upon us: that with all our heart and mind and soul and strength, we may seek your face and be brought by your infinite mercy to your holy presence, through Jesus Christ our Lord. Amen.**

Priest Almighty God, our heavenly Father, who of his great merc hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People stand as able*

## THE PEACE & GOOD NEWS ABOUT GOD'S PEOPLE AT SAINT MICHAEL'S

Priest The peace of the Lord be always with you.

People **And also with you.**

*The Ministers and People greet one another in the Name of the Lord.*

## THE OFFERTORY

*All are invited to make an offering as an expression of gratitude for God's generosity. Many support St. Michael's through pledged offerings and other gifts made by bank account, or credit/debit card. You may give via PayPal—no PayPal account is required. Just open the QR code to the right with your smart phone's camera. Together our gifts help to illuminate Christ's love on the Eastside.*



## THE GREAT THANKSGIVING

*Eucharistic Prayer II*

Priest The Lord be with you.

People **And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

Priest It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God; because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Together **Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

✠ **Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*The People may kneel or continue to stand as able*

Priest All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ. And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

*Priest* And now, as our Savior Christ hath taught us, we are bold to pray,  
*Together* **Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The Priest breaks the consecrated bread in silence*

<i>Priest</i>	<i>People</i>
O Lamb of God, that takest away the sins of the world,	<b>have mercy upon us.</b>
O Lamb of God, that takest away the sins of the world,	<b>have mercy upon us.</b>
O Lamb of God, that takest away the sins of the world,	<b>grant us thy peace.</b>

## THE PRAYER OF HUMBLE ACCESS

*Together*     **We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Priest*        The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**ALL WHO SEEK GOD AND LIFE IN CHRIST ARE WELCOME TO RECEIVE COMMUNION  
IF YOU WOULD LIKE A GLUTEN-FREE WAFER, SIMPLY ASK THE PRIEST**

## THE POST-COMMUNION PRAYER

*Priest*        Let us pray.        *The People kneel or stand as able*

*Together*     **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

**THE BLESSING & DISMISSAL**        *The People stand as able*

*Priest*        The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; And the blessing of God Almighty, ✠ the Father, the Son and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

*Priest*        Let us go forth in the Name of Christ.

*People*        **Thanks be to God.**

Altar flowers are given by Dinah Turrin in loving memory of Phil & Betty and Veto & June

### SERVING TODAY AT 8 O'CLOCK

VESTRY PERSON Andy Lukens  
GREETER Jenny Yeeles  
LECTOR Allen Gray  
WORSHIP LEADER Robb Mitchell

COFFEE HOSTS Mary & Tom Blakney  
BREAD BAKER Georgie Allen  
ALTAR GUILD Pauline Harris, Julie Morris,  
Melody Sheldon

**WELCOME, VISITORS! JOIN US FOR COFFEE AND FELLOWSHIP AFTER THE SERVICE.**

#### ANNOUNCEMENTS

##### **TODAY! Exploring Membership at St. Michael's**

Are you new to St. Michael's? Attending regularly and wanting to become a member? Already a member and have questions? Come to a gathering with Katharine+ after this service.

**TODAY! Adult Forum: Icon Exploration, 9:45 AM** in the Gathering Room. From Rowan Williams' *The Dwelling of the Light*, we work with the icon of the Hospitality of Abraham. We have several copies of the book that can be borrowed or purchased.

##### **NEXT SUNDAY! Fat Sunday Baked Goods Exchange:**

**Feb. 23** Indulge your sweet tooth before Lent begins! Bring homemade goodies (cookies, bars, brownies, cupcakes, muffins, etc.) to share. Please label your treats and note if it contains nuts. Bring a container to pick up some treats to take home!

##### **NEXT SUNDAY! Youth Group: Impact, Feb. 23, 10 AM**

Note date change due to Midwinter Break! Youth in grades 6-12 are invited to the Youth Center in Bethany House from 10-11 AM.

**Wednesday Evening Candlelit Contemplative Prayer at 7 PM.** This quiet, intimate, restorative prayer service lasts 35 minutes. Invite a friend!

**Newsletter Deadline: Feb. 20 at 5 PM** Please submit any photos, articles, and notices for activities/events from March–May to Jason Anderson at [janderson@stmichaels-issaquah.org](mailto:janderson@stmichaels-issaquah.org).

#### LENT AT SAINT MICHAEL'S

##### **Ash Wednesday: Feb. 26, 12 Noon and 7 PM**

##### **2020 Lenten Meditations from Episcopal Relief and Development** Available at the greeter table for free.

This year's devotional focuses on the spiritual lives of children and how they can inform the prayers and meditations of all Christians.

**Wednesday Lenten Suppers** Share in simple suppers before our Wednesday evening service from March 4 through April 8. Childcare available.

**6 PM** Children help make communion bread in the Undercroft kitchen

**6:15 PM** Supper (including kid-friendly food) in Undercroft

**7 PM** Contemplative Prayer and Communion Sign up to set up, provide soup or bread, or clean up on the board in the Narthex.

#### SMALL GROUP GATHERINGS

**Last Wives Club: Mon., Feb. 17, 12 Noon** Women of St. Michael's that have lost their spouse or partner through death are invited for lunch and social time in the Gathering Room; bring your own lunch. Call Terrie Nixdorff at 425-391-9263 with any questions.

**Centering Prayer Group: Sat., Feb. 22, 10 AM** in Bethany House. Here, we are still, sit in quiet prayer, and reflect on a short scripture. If you have questions, contact Carol Chipman at 206-715-2149.

#### LESSONS FOR THE LAST SUNDAY AFTER THE EPIPHANY

*Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9*

#### CONTACTING SAINT MICHAEL'S

**Office Hours: Tuesday – Thursday, 10:00 AM-3:00 PM**

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[email@stmichaels-issaquah.org](mailto:email@stmichaels-issaquah.org)

Senior Warden Brad Jarocki  
Junior Warden To be elected

THE REV. KATHERINE SEDWICK, RECTOR • JASON ANDERSON, ASSOCIATE FOR LITURGICAL ARTS & YOUTH FORMATION  
JULIE PELLEGRINI, BOOKKEEPER/OFFICE ADMINISTRATOR • TINA BLONDINO, MINISTRY ASSOCIATE  
TERI QUARANTA, YOUTH COORDINATOR • STACEY FISCHL, NURSERY CAREGIVER • THE REV. DR. ANN P. LUKENS, RECTOR EMERITUS  
THE REVS. JOHN ALLEN, MARILYNN BROWN, AND RICHARD MARCHAND, PRIEST ASSOCIATES